

## Dolphin LC Meet 4.12.10

Well the first Long Course meet of the season has finally arrived & the day was hot, lots of sunscreen & water required, but thanks to the senior boys we had the best seat on the terraces under the new sun shade sails☺ which meant the team could spread out in the shade between races. For some of our 20 swimmers this was their first time competing in a 50M pool & standing on the blocks the other end seemed a long way away, but thanks to the prize money on offer for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each heat, this factor was soon forgotten & the real racing began in earnest.

The team achieved 29 Pb's in all & \$267.50 in prize money showing that putting in the effort in training does pay off.

Most of the P.B's went to the juniors who were having an awesome day in the water John Clark topped the list with 4 superb new times & went well under the qualifying time for 200 free for Juniors, next was Abby, Emma, Stacey, Tylah, Jack & Dana with 3 P.B's each with Tylah trying out a 200 free & going 11 sec's under the time Ice put in for her. Piper gained 2 P.B's + tried out the 200 IM & swam an awesome time to be well under 4 mins. Cameron took splits of his 50 Breast racing Rebecca in his heat & Julia took 3.23sec off her 100 Back which was her only race of the day.

In the Intermediates & Seniors Paddy achieved 3 P.B's, Harry 2 P.B's & Jaimee, Emma C achieving 1 new time each. Finn & Brandon raced in the pentathlon events which made for a hard day with Brandon setting a new time in his 200 Back

It's always great to see P.B's but also to see most of our swimmers were very close to their seed time which is encouraging early on in the 50M season.

The top money earners for the day were Michael on \$40.00 followed closely by Paddy & Piper on \$32.50 & Jack on \$27.50

Thanks to both Darryl & Sarah for attending the meet & giving words of advice & encouragement to our swimmers.

Thanks swimmers for been a great team on the day

Sandy

Team Manager

